

# NASTASSJA COUCKE

## ABOUT ME

I am studying at the **Academy of Circus and Performance Art** (ACAPA) in the Netherlands. Since my early childhood I have been living within the world of entertainment thanks to my parents who were artists. I am 23 years old, bilingual German and French and I speak English fluently. 4 years ago, I started to specialize **handstands** but I have been earlier trained to aerials (Trapeze/ Flyer in duo trapeze). I like to express myself through technic, movements and theatrical improvisation.

I am passionate, open-minded, curious and capable to adapt quickly. I own French Baccalaureate in Circus and Literature in partnership with the CNAC in Châlons-en-Champagne and a propaedeutic degree of the University Fontys (ACAPA).



## GENERAL EDUCATION

2018-2021: ACAPA (Academy of circus and performance art), Handstand, Tilburg, The Netherlands

2015-2018: Preparatory circus school, Circus school Jules Verne, Duo Trapeze and Handstand Amiens, France.

2013-2015: Baccalaureate option Circus and Literature in partnership with the CNAC, Châlons-en-Champagne, France

2012-2013: National school of circus and dance, "Staatliche Artistenschule", Berlin, Germany

## SIDE ARTISTIC EDUCATION

2020: Clown workshop, Ganna Van huysen, Tilburg, The Netherlands

2016: Aerial Cradle workshop, Isona Dodero, Festival "La route du Cirque", Nexon, France

2013-2015: Classical & Contemporary dance lessons, Conservatory, Châlons-en-Champagne, France

2011-2012: Gymnastic, Manosque, France

2010-2011: Theater & classical dance lessons, Conservatory, Manosque, France

2005-2008: Hobby Circus school, "De la piste à la scène", Compiègne, France

## STAGE EXPERIENCES

2021: Handstand solo & Duo Chinese pole/handstand, Bohemian Castle, Tentlingen, Switzerland  
2018-2021: Research and performance projects, ACAPA, Tilburg, The Netherlands  
2019: Festival "Theater op de Markt", Neerpelt, Belgium  
Festival "Circolo", Tilburg, The Netherlands  
Festival "Oerol", Terschelling, The Netherlands  
2018: "WA" festival, Solo Trapeze, Lille, France  
Cabaret/diner, Solo Trapeze, Amiens, France  
2017: End of education show, "Cirque Jules Verne", Amiens, France  
"La parade des oiseaux" Solo Trapeze, Amiens, France  
Inauguration of the Tram, Duo Trapeze, Avignon, France  
Festival "Amiens dans la rue", Trapeze duo, Amiens, France  
2016: Charity show, Cirque Jules Verne, Amiens, France  
Class creation, Trapeze-duo, Le Bourget, France  
Festival « les Turbulentes », Trapeze Duo, Vieux-Condé, France  
2015: End show of the Baccalaureate, Trapeze solo, CNAC, Châlons-en-Champagne  
Festival "young talents", Trapeze duo, Laureate 2014, Saint soupplets, France  
Magician assistant, "Cercle magique", France  
2014: Festival "young talents" Trapeze duo, First/gold prize, Saint soupplets, France  
Festival "Pleins feu", Trapeze solo, Villemomble, France  
2013: "Le grand cirque de noel de Caroline Marx", Trapeze solo, Zeniths, France

## PROFESSIONAL EXPERIENCES

### **Experiences in teaching circus**

2019-2020: Circus coach for children during summer, Fribourg, Switzerland  
2018: Coach in a hobby circus school, Amiens, France  
2017: Circus workshop coach for children during summer, Quend plage, France

### **Other experiences**

2018: Showroom assistant for Yves Saint Laurent, Paris, France  
Modeling, ITM, (make up school), Paris

